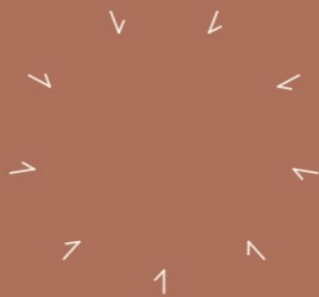
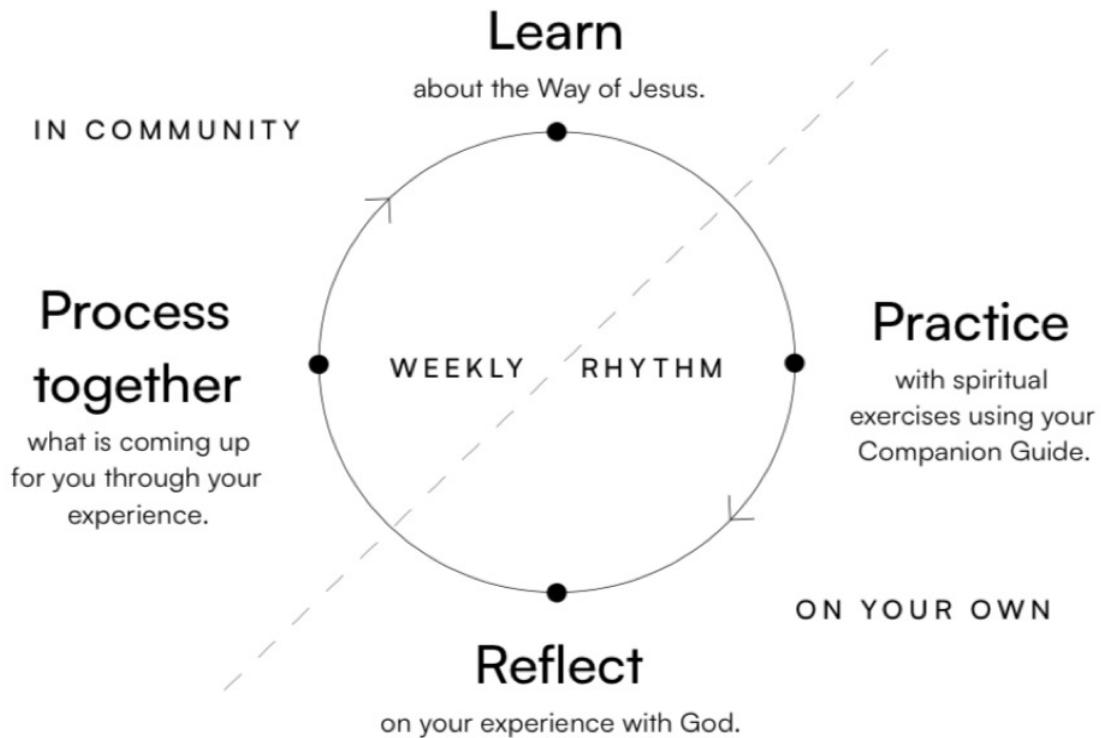


Practice of Witness



The Weekly Rhythm

The four sessions of this Practice are designed to follow a four-part rhythm that is based on our model of spiritual formation.



Welcome

There is an unspoken principle that we all intuitively live by: good news is meant to be shared. Consider for a moment — what is usually the very first thing we do with good news like landing a new job, getting into the college we wanted, or discovering an incredible restaurant? Naturally, we want to share it with others — *especially* those closest to us. Yet, for many of us, this isn't always our felt experience with our own faith, and for good reason.

Everyday, we are being bombarded with signals from our surrounding culture to “keep our beliefs to ourselves.” There is a pronounced allergy — even hostility — in the post Christian West toward any claims of capital T “truth.” In our time, it might be acceptable to believe a particular way of life is best for *you*, but it's problematic to suggest that way of life is best for *everyone*. This can all lead to a very private way of following Jesus that, in belief, is “good news for all people,” but in practice, just becomes “good news for *me*.” Yet, in the midst of this, Jesus' invitation to witness to him has not expired — it remains just as relevant to modern apprentices as it was to its original hearers. For the last two millennia, followers of Jesus have dared to ask the question: How do we witness to the good news of Jesus in *this* particular moment? Through this Practice, we want to explore that same question for our time.

Over the next several weeks, we will set aside time to explore how Jesus himself entered into witness — his mission, motivation, and method for sharing the good news — to see our compassion grow for the lost, to extend relationship around our tables, and to form words and a way of life in community that witness to the gospel. Now this kind of witness will not just happen — it will require risk and take practice. But if we say “yes” to this way of relating to the gospel and those around us, we can experience the deep life in Jesus that can only truly be discovered when we generously share it with others.

Welcome to the practice of witness.

Have you ever thought about what needed to happen for you to begin following a Jewish Rabbi who lived almost two millennia ago?

Well, somebody *needed* to tell somebody, who *needed* to tell somebody, who *needed* to tell somebody who at some point in your life, *decided* to tell you about the good news of Jesus.

Our lives in Christ hinge on the practice of witness: where we as apprentices of Jesus open up our lives to others in love, testifying to the good news of Jesus through our words and way of life in community.

And while it's true that we all would not be following Jesus the way we are today without this practice — many of us may also admittedly experience a certain allergic response to the idea of “evangelism.”

It brings up images of uncompassionate preaching on street corners, unsolicited conversations, or perhaps more painfully, well-meaning invitations and interactions that are met with hostility.

But what if our witness to the person of Jesus could be more ordinary and less forced than what we may initially imagine?

And what if the starting place for this practice was not pressure, fear, or obligation, but love?

SESSION 01

Begin With Love

Opening Questions

01 What brought you to the Witness Practice? What are you hoping to see God do in your life through it?

02 What's your primary feeling about growing as a witness of the life you have found in Jesus?

Excitement? Fear? Inadequacy?

03 When you think of what it looks like to share the good news of Jesus to others, what do you initially imagine?

04 Share a moment when you saw or heard someone beautifully share the good news of Jesus through words or deeds with someone who wasn't following Him. What made that story memorable for you?

BEGIN WITH LOVE.

Session 01

Video Teaching

Key Scripture: Acts 1v8

Session Summary

- Jesus envisions the gospel going out to every corner of the world, *through* our witness.
- Witness is the practice of intentionally opening up our lives to others in love and testifying to the good news of Jesus through our words, and our way of life in community.
- There are five thresholds that Western people cross to become followers of Jesus:

01 Trusting a Christian

02 Becoming curious

03 Opening up to change

04 Seeking after God

05 Living in the Kingdom

- The invitation to witness is about loving people wherever they are on this journey.
- Step one is to allow the Spirit of Jesus to grow his compassion for others within our hearts.

Video Notes

As you watch Session 01, feel free to use this page to take notes.

BEGIN WITH LOVE.

Discussion Questions

01 Consider one person who had to be told about Jesus so you could come to know and follow Him. What reflections do you have on that story?

02 What fears or concerns do you have about sharing your faith in our culture?

03 Of the five thresholds Western people typically cross to become followers of Jesus (see Session Summary), which most stands out to you, and why?

04 If you were to share your faith today, do you think you would be motivated more by obligation, ambition, or love? How do you hope that motivation will change or be refined throughout this Practice?

BEGIN WITH LOVE.

Closing Prayer

Take a few deep breaths, become aware of God's presence, and pray this prayer slowly, leaving short silence between each line.

Father, you have given us your
Son, who so willingly came to us
from your heart, entering our
struggle, and laying down his life,
Help us know what it means to
love like you, and to faithfully offer
your life, through ours, to the world
around us.
Amen.

BEGIN WITH LOVE.

Exercise

Identify three to five people you care about who are not followers of Jesus and begin praying for them daily.

We encourage you to write down their names on a small piece of paper, put it in your pocket or somewhere prominent in your home, and then pray for them daily from now to the end of this Practice.

As a part of this exercise, we invite you to plot those three to five people in the different thresholds shared in this session's teaching. Once you have placed them, ask God to speak to you about the part he is inviting you to play for each particular person.

- Write down the names of three to five people who are not currently following Jesus that you want to pray for daily throughout this Practice.

Person 01:

Person 02:

Person 03:

Person 04:

Person 05:

- Place each of those three to five people in the below category that you think best represents where they are in their spiritual journey.

Trusting a Christian

Becoming curious

Opening up to change

Seeking after God

Living in the Kingdom

BEGIN WITH LOVE

03 Lastly, set aside some time now to ask God to speak to you, in your mind and heart, about what they need to experience next, and what part you play in it. What do you sense needs to happen next in their spiritual journey to move toward God?

In order to do this, find a quiet space to spend the next 10-15 minutes in prayer:

01 To begin, posture yourself how you like to pray and take a few slow, deep breaths, becoming aware of God's loving presence in and around you.

02 Bring one of the individuals to your mind, and invite God to speak to you about them. Ask God to reveal where they are at and what they might need to experience next. Listen and note any words or impressions that come to mind.

03 Then ask God to show you how you might participate in what he is already doing in their lives. If nothing specific comes to your mind or heart in this step or the one previous, don't worry. Just ask that God would give you more of his compassion for this person, and eyes to see how you can join him in their life.

Repeat the above until you have finished praying for your list of three to five people.

04 Write below what you sensed God speaking and inviting you towards in each person's life. Consider uniquely marking this page with a bookmark or dogeared page, so you can return to your notes below to guide your prayer for these people throughout the Practice.

BEGIN WITH LOVE.

Person 01:

Person 02:

Person 03:

Person 04:

Person 05:

BEGIN WITH LOVE.

ON YOUR OWN — PRACTICE

Reach Exercise

Go on a prayer walk

Pick an environment you regularly find yourself in; this could be your neighbourhood, or a part of town you hang out in, or the area where you work.

As you walk and pray, focus on two things:

01 Imagining with God: Try to imagine the spiritual state of people behind the windows and doors and walls. Imagine living without God. Going through divorce or unemployment or bankruptcy or illness, without God would be like to not have a community around you.

02 Asking of God: Ask the Spirit of Jesus to give you his heart of compassion for the lost. Invite him to reveal to you how he feels towards the people and scenarios that you imagined throughout your walk.

Our goal with this exercise is just to begin to let God's heart of love arise in our hearts.

BEGIN WITH LOVE.

ON YOUR OWN — **REFLECT**

Practice Reflection

Reflection is a key component in our spiritual formation.

Millenia ago, King David prayed in Psalm 139v23-24:

Search me, God, and know my heart;

test me and know my anxious thoughts.

See if there is any offensive way in me,

and lead me in the way everlasting.

The South African writer Trevor Hudson has said, “We don’t change from our experience, we change when we reflect on our experience.”*

If you want to get the most out of this practice, you need to do it and then reflect on it.

* Trevor Hudson, *A Mile in My Shoes: Cultivating Compassion* (Nashville, Tenn.: Upper Room Books, 2005), 57.

Before your next time for Session 02, take five to ten minutes to journal out your answers to the following three questions:

01 Where did I feel resistance?

02 Where did I feel joy?

03 Where did I most experience God's nearness?

Note: As you write, be as specific as possible. While bullet points are just fine, if you write it out in narrative form, your brain will be able to process your insights in a more lasting way.

Reflection Notes -

BEGIN WITH LOVE.

SESSION 02

Practice Hospitality

SESSION 02 -

Practice Hospitality

Overview -

The table in first-century Israel was more than just a place to eat — it was a symbol of personal identity and social standing.

To eat and drink with someone was to identify with that person as “my people.”

Sharing a table meant sharing life — and that association had a direct impact on a person’s reputation in their community.

This made the table an exclusive place in Jesus’ time — a place to mark who was in with you and who was out. For Jesus, however, the table was not a boundary line or a way to fence people out, but a way to invite people in to God’s community of love.

While our witness should take many shapes and forms, in a post-Christian culture that is often apathetic to the Gospel, confused about the gospel, or at worst hostile to it, our method for joining Jesus in his mission to “seek and save the lost” must become more about compassionate presence.

How can we bear witness to Jesus in a time like this?

In a very ordinary setting — one shared meal at a time, around a table with the lost.

PRACTICE HOSPITALITY

Reflection Questions

01 Share about one of the people you chose to pray for daily. Who is this person, and why have you decided to pray for them regularly?

02 What did you sense God speak to you about what they need to experience, and your part to play in that?

03 If you were to honestly share your level of hope that these people will someday follow Jesus, what would you say? What reflections do you have on your sense of hopefulness?

04 What new attitudes or perspectives do you hope God forms in you over time through this regular prayer?

Video Teaching

Key Scripture - Luke 19v1-10

Session Summary

- The practice of hospitality has the potential to cut through the hostility of our post-Christian culture and open people to God.
- Hospitality was the primary method by which Jesus lived into his mission “to seek and save the lost.”
- Hospitality is expressing the welcome of God the Father to all through tangible acts of love, ideally through giving food, shelter, and relationship.
- The New Testament writers command that we carry on the practice of hospitality from Jesus’ life.
- Practicing hospitality starts not by adding yet another thing to our busy schedules, but by opening a seat for our neighbours, co-workers, and friends at the meals we are already eating.

PRACTICE HOSPITALITY

Video Notes -

Discussion Questions

01 What responses have you most often witnessed when people share the Gospel of Jesus — hostility, openness, or indifference?

02 Reflect on a time when you experienced “radically ordinary hospitality.” What did that look like, and what impact did it have on you?

03 How does the idea of being hospitable to those who don’t know Jesus either complement or challenge your view of the practice of witnessing?

04 What do you know about your neighbours? What thoughts or emotions arise when you consider having them over for a meal around your table?

PRACTICE HOSPITALITY

CLOSING PRAYER –

End your time together by praying this liturgy:

Jesus, teach us the way of
your radically ordinary hospitality —
of simple bread and wine — that we
may daily give away the sweetness
of your heart, the comfort of your
love, and the joy of our Father, with
this world you long to heal.

Amen.

Exercise

Invite someone to share a meal

This meal can be in your home; a catch up for coffee; a beer after work; and a quick lunch with a co-worker.

If at all possible, we recommend sharing this meal in your home. Depending on your living situation, you might not be set up for an invitation like this — and that's okay. Remember, this is about hospitality, not entertainment. Your home doesn't need to be perfect to invite people to your table and your lives.

As you think of who to invite, aim for someone who meets three criteria:

- 01 They are in your life — a friend or neighbour or co-worker.
- 02 You may have spoken to them before or you both have seen one another around a few times.
- 03 They are not yet a follower of Jesus.

The Rule of Benedict says that “all guests are to be welcomed as Christ.” Treat them the way you would treat Christ himself — with honour, love, and service. For now, unless an opportunity presents itself, don't focus on telling them about Jesus; focus more on listening. Ask as many questions as you can — about their story, their life, their heart, their pain. Move the conversation from the superficial towards showing interest and value in their life story simply through asking great questions.

PRACTICE HOSPITALITY

Here a list of questions that you can consider asking:

- Where did you grow up, and what did you love about your upbringing?
 - Is there anything you would change about it, or wish was done differently?
- In what ways are you different from who you were when you were young?
 - How are you the same?
- What is one of the significant moments from your life that shaped who you are today?
- Who in your life has had a big impact on you, and the way you see the world? In what way(s)?
- Who are the people and relationships that are most important to you today?
- What are some of the goals that you are currently working towards?
 - What dreams and hopes do you have?
- When you think of the kind of person that you most want to emulate or become like, who comes to mind?
- What do you currently find meaning for life in?
- What are some of the values/rules that you try to live by?
 - Where did you learn or pick those up?
- If you had to sum up this past year in a few words, what would those words be?
- What aspects of your life are you most encouraged by as of late?
 - Is there anything you are finding especially difficult?
- Do you believe in any kind of God, or have a spirituality you live by?
 - What do you believe and what does that look like for you?

ON YOUR OWN — PRACTICE

Reach Exercise

Create a neighbourhood map -

Use the “Block Map” to fill out the names and details of your neighbours — as in those who live next door. You may not be able to fill much of it out as you hoped. In which case, that’s your practice for the coming season. Practice hospitality as a way of learning your neighbour’s names and stories.

Block Map

The centre square is your home or apartment. The eight squares around it are your eight closest neighbours. Do the following for each neighbour:

01 On line A, fill in their name. Ideally first and last, but just put down what you know. If you don’t know their name yet, just put down a question mark, or leave it blank. Do the same for the next two lines.

02 On line B, fill in any details about their lives you know that you couldn’t get from waving across the street: where they work, where they are from, how long they’ve lived there, what they do for fun, etc.

03 On line C, see if you can fill in any in-depth information: their dreams for the future, relationship status, their faith (or lack of it), experience with God or church, their childhood story, any pain, etc.

a. b. c.	a. b. c.	a. b. c.
a. b. c.		a. b. c.
a. b. c.	a. b. c.	a. b. c.

As a general rule, only 10% of people can fill in line A, only 3% can fill in line B, and less than 1% can fill in line C. The point here isn't guilt and shame; it's simply to plot out just how well you know (or don't know) your neighbors, to get you started on the journey to loving them.

This exercise from the book *The Art of Neighboring*, by Vineyard pastor Jay Pathak. Discover more at artofneighboring.com.

Practice Reflection -

01 Where did I feel resistance?

02 Where did I feel joy?

03 Where did I most experience God's nearness?

Note: As you write, be as specific as possible. While bullet points are just fine, if you write it out in narrative form, your brain will be able to process your insights in amore lasting way.

PRACTICE HOSPITALITY

SESSION 03

Partner with the Holy Spirit

Session 03

Partner with the Holy Spirit

OVERVIEW - The invitation to witness to the good news of Jesus can give rise to many different emotions — excitement and expectation, but also anxiety and, at times, overwhelm.

Often, that particular feeling of overwhelm can come from feeling like: “It is *my* job to bring God to people.”

Now, if that were true, we would have good reason to feel overwhelmed. But what if the practice of witness isn’t about bringing God to people, but about joining Him where He’s already at work in a person’s life? What if it’s about growing in our ability to hear and listen to the Holy Spirit’s nudges in our everyday interactions with others?

The most faithful witnesses to Jesus are those who see witness primarily as joining *with* God; they are the ones who regularly pay attention to how he might be gently moving those he loves toward him, and who take the next step in partnership with him.

It’s in this kind of partnership that we are able to move beyond reliance on the power of our own capabilities, and into a way of relating to God and others that is filled to the brim with the power of the Holy Spirit.

HOLY SPIRIT

Reflection Questions

01 Who did you invite over for a meal this week, and how did they respond? If they said yes and already came over, share what that experience was like.

02 What emotions did you experience before or during the invitation? How about during the meal?

03 What drew you to invite the person you did? What are or were you hoping would happen through this meal?

04 What reflections do you have on ordinary hospitality as a way to share your life in Jesus?

Video Teaching

Key Scripture - Acts 8v26-39

Session Summary

- Our practice of witness is often built on a false assumption that we need to bring God to people.
- When we realize God is already at work in all people, our job becomes slowing down and seeing where the Father is already at work, so we can join in.
- From the story of Philip witnessing to Ethiopian eunuch, we see four movements:
 - **Listen:** Spending time listening for God's voice and direction.
 - **Look:** Paying attention and inviting God to give us his eyes for others.
 - **Ask:** Asking a question to start or move the conversation deeper.
 - **Risk:** Taking a practical step of faith to participate in what God is doing in another's life.
- As we depend on the person of the Holy Spirit, our witness may take the form of words, or even signs and wonders.
- The starting place of us learning to partner with God's Spirit is to ask: God, what are you doing? And how do I join in?

Video Notes -

HOLY SPIRIT

Discussion Questions

01 How does reframing witness as joining God in what He is already doing, rather than bringing people to Him, shift your perspective or approach to sharing Jesus with others?

02 Which of the four movements from the story of Philip and the Ethiopian eunuch do you most want God to strengthen in your life — listening, looking, asking, or risking? Why?

03 What has your experience been like in learning to discern and pay attention to the Holy Spirit's promptings? What are you learning through that process?

04 When was the last time you found yourself in a position where you needed God to show up in power? How did He show up, or how do you wish He had?

CLOSING PRAYER –

Help us, Holy Spirit, to live sensitive
to you, to trust you when you speak
and to have the courage to act,
that in our learning to live our lives
in you, we may experience the
power of your love for our world.
Amen.

Exercise - Active listening

This week, get together with someone who is not a follower of Jesus, and practice listening to them as deeply as you can.

This can be a coffee or a lunch break or a conversation on the porch; it can be scheduled or impromptu but find at least one time this week to listen.

Follow the SLANT method:

01 Sit up: Lean toward them, and be fully engaged.

02 Look and listen: Put your phone away, and be fully present.

03 Ask and answer questions: You can say things like, “Tell me more about ...” and “How did ... make you feel?”

04 Nod your head: Show them you are engaged through non-verbal communication.

05 Track the speaker: Eye contact is very important, track with them for the whole time.

As you listen to them, also listen for where God is already at work in their life.

As they talk, ask the Holy Spirit to show you what he is up to.

But the main goal is just for them to feel loved. As the Mennonite educator David Augsburger put it, “Being heard is so close to being loved that for the average person they are almost indistinguishable.”

HOLY SPIRIT

Reach Exercise

Ask to pray for someone who is not a Christian.

This too could be scheduled or impromptu, but it will likely be unplanned. When you see someone who is sick, or has a need, just gently ask if you could pray for them. Then pause, go slowly, and pray what God puts on your heart ...

We put a liturgy in your guide for you to pray daily this week, just asking the Holy Spirit to lead you and empower you when the moment comes.

As you prepare this week to pray for someone who is not a follower of Jesus, we invite you to pray the following liturgy daily — ideally in the morning before you go into your day.

Find a place quiet and hidden away for 3 minutes each day to prepare your heart for witness through this reflective prayer meditation. To begin, posture yourself how you like for prayer and take a few slow, deep breaths, becoming aware of God's loving presence in and around you.

Then pray:

Father, help me to see every need
around me as a holy opportunity,
to reveal your love, to be hospitable,
to speak your word, to pray for
miracles. In the name of Christ, the
hope of the world.

Amen.

Then, taking just a few minutes, walk through in your mind some of the small but holy opportunities that might present themselves in your day — a conversation with a co-worker, a friend, someone at the shops, at the gym, or your neighbourhood where you live.

As you imagine, think about your heart being postured toward witness in God's love. What would that feel like? How would you be listening to God? How might you be bold in introducing them to Him or inviting them more into your world? As you're looking ahead, ask the Spirit for wisdom, love, courage, and compassion to follow him if and when those moments arise.

At the end of this time, you may like to finish with this simple prayer:

`Holy Spirit, I am willing,
help me to see, and act,
in love toward my neighbour.

Amen.

HOLY SPIRIT

Practice Reflection

Before your next time together with the group for Session 04, take five to ten minutes to journal out your answers to the following three questions:

01 Where did I feel resistance?

02 Where did I feel joy?

03 Where did I most experience God's nearness?

Note: As you write, be as specific as possible. While bullet points are just fine, if you write it out in narrative form, your brain will be able to process your insights in a more lasting way.

SESSION 04

Share the Good News

SESSION 04

Share the Good News

Overview –

Among the words the New Testament writers used to describe followers of Jesus, perhaps none hit quite so close to home as the Apostle Peter’s description:

“Foreigners and exiles.”

Walk the streets of most cities in the post-Christian West as a follower of Jesus, and you’re likely to feel the force of those words — this sense that you don’t quite “belong” in the surrounding culture; you’re a kind of spiritual refugee.

For many of us, that feeling can turn our faith into, at best, an awkward conversation, and at worst, a personal hobby we would rather hide away.

In the midst of that very real experience, it can be helpful to remember that the gospel is *good news*. And while there are those who will be turned off by it, others’ hearts might leap to believe it. They might even say, “Why didn’t you tell me this sooner?”

Because, after all, it’s “good news ... for all people.” (Luke 2v10)

Jesus invites us to both show *and* tell this good news — for our deeds and our words to testify to the beauty of the life we have in him.

GOOD NEWS

Reflection Questions

01 Share about what you did for this week's exercise — listening actively to someone who is not a follower of Jesus — and what that experience was like.

02 Where did you encounter resistance in yourself as you asked questions and listened?

03 What did you learn about the person that fostered empathy or compassion in you? What reflections do you have on the power of curiosity and listening?

04 What was your experience like in trying to attune yourself to both the person and to God? What did you sense God saying or inviting you toward throughout the conversation?

Video Teaching -

Key Scripture - 1 Peter 2v11-12

Session Summary

- The practice of witness is about both showing and sharing the good news of Jesus in our everyday lives.
- There are six best practices for witness in our time:
- **Live a beautiful life in community:** To be a sign of the coming Kingdom of God in the way we navigate life and relationships.
- **Be authentic:** Live relationally and be honest about your faith in Jesus.
- **Pray:** Remember that someone coming to follow Jesus is primarily a work of the Spirit.
- **Practice hospitality:** Intentionally make room at your table for the lost.
- **Tell your story:** To share how your relationship with Jesus has impacted your life.
- **Share the good news of Jesus:** When the time is right, to be prepared to share who Jesus is and what he has done.
- As we join God in this work, we must remember we are not responsible for the outcomes. We are just witnesses.

GOOD NEWS

Video Notes -

GOOD NEWS

Discussion Questions

Pause the video for a few minutes to reflect -

01 In what ways has following Jesus in our culture felt like being a “foreigner” or “exile” to you?

02 What aspects of your life in Jesus do you consider beautiful and worth inviting others into?

03 Do you tend to want to share the good news of Jesus more through your life or words? Why do you think that is?

04 Consider one of the people you have been praying for daily throughout this Practice. What is God forming in you through prayer? What outcomes are you needing to surrender to Him for that person?

Closing Prayer –

Jesus Christ, Divine Word, who lived
and spoke, and showed us the way,
we ask for wisdom and courage that
we may, with you, speak this news
that has so transformed and healed
us — this news of your closeness, your
glory and love — that all may come
to know, and experience, the beauty
of your heart.

Amen.

Exercise -

Practice articulating the gospel in your own Words.

We're not going to ask you to share the gospel with a non-Christian, unless the right opportunity presents itself; but we are going to ask you to get together with another person from your community, just get coffee or meet up somewhere easy, and practice verbally speaking the good news of Jesus to each other.

You can role-play a little, but the main goal is to be prepared to share your faith when the right time comes.

Reach Exercise -

Identify two to three of the main objections people have against the gospel in your cultural context or relational world.

This is more of an apologetics exercise. But we're not asking you to become an intellectual expert, though that may be God's call on a few of you. We're just asking you to love others by really thinking deeply and well about the major questions people have about God or the Christian Way, and that work as barriers to their coming to faith.

You won't be able to do this in one week; for this week, just identify a few of the main questions people have, and start to hunt for a few good resources to learn more. Then, in the coming season, prepare yourself to "give an answer."

Take these questions to a trusted pastor or leader in your community, and have them recommend resources to help you form a thoughtful response.

GOOD NEWS

Practice Reflection

As you come to the end of this Practice, take five to ten minutes to journal out your answers to the following three questions.

01 Where did I feel resistance?

02 Where did I feel joy?

03 Where did I most experience God's nearness?

Note: As you write, be as specific as possible. While bullet points are just fine, if you write it out in narrative form, your brain will be able to process your insights in a more lasting way.

As you go, may you receive the
power of the Holy Spirit.

May the Spirit of Christ cause you
to be his witnesses — in your
neighbourhoods, and communities,
and to the ends of the earth.

And may the beauty of your words,
and your lives, serve as a sign of the
Kingdom of God.

Continue the
Journey

Continue the Journey

Further Practice –

You are not going to explore the full scope of the practice of witness in four weeks. This short Practice is only designed to get you moving on a lifelong journey. You may choose to make witness a rhythmic part of your discipleship, on a weekly or monthly basis, by intentionally continuing to pray for your three to five people, or hosting meals for your neighbours.

Where you go from here is entirely up to you, but if you decide to integrate witness into your life, here's a list of next steps to continue your Practice.

Run the Alpha Course

If you're interested in hosting conversations about Jesus around a table, we highly recommend you run the Alpha Course with your church or community. It can be done in large numbers in a church building, or with just a few in your living room or around your dining room table. Over 10+ sessions and a retreat, guests are introduced to the person and message of Jesus, and space is created for open, nonjudgmental conversations exploring faith and spirituality. Learn more by searching "try Alpha" and finding the Alpha platform in your region.

GOOD NEWS